



IZZY'S Healthy Catering

5601 Ranch Dr.
Little Rock, Arkansas 72223
501-868-4311



GF = Gluten Free

VG = Vegan

HOT TAMALES: **GF**

BEEF or **VEGGIE VG** \$4.25 each

Hand rolled in corn shucks

HOT in an insulated container

EXTRAS:

GF Salsa: \$8.99 pint \$70 gallon
GF Cheese Dip \$14.75 pint \$110 gallon
GF Chili \$10.00 pint \$85 gallon
GF Guacamole \$14.00 (12 oz.)
GF Chips: Corn or Potato (large bag) \$4.75

SOUP: \$10.65 pint \$80 gallon

Tomato Basil **GF**

Potato Soup **GF**

Mexican Vegetable **VG**

Chicken Tortilla Soup - GALLON ONLY \$110

**Tortilla Soup comes with avocado, sour cream, cheese and tortillas*

SANDWICHES: *Gluten Free Bread Available upon request*

Nutty Bird: (famous for 25 years) \$11.00

Sliced Turkey breast, cream cheese, sunflower nuts, leaf lettuce, tomato, Miracle Whip, on natural grain.

Old Fashioned Chicken Salad: \$11.00

Fresh made chicken salad, leaf lettuce, tomato, on natural grain

Corned Beef: \$12.00

Sliced corn beef, leaf lettuce, Dijon Honey Mustard, on rye.

PASTA: *(bread & garlic butter included)*

Italian Sausage Lasagna OR Roasted Veggie Lasagna

24 hour notice REQUIRED

Serves 8-10 \$110

Spaghetti Meat Sauce \$12.25 or Marinara \$10.79 VG

Layered over steaming linguini

Gallon of:

ICED TEA (Unsweet or Sweet) \$10 or LEMONADE \$11

Includes lemons & sweeteners

SALADS:

House Made Dressings with Gluten Free & Vegan options

IZZY'S House: \$3.99 per person

Fresh mixed lettuce, tomato, purple onions, green peppers, mozzarella cheese.
Crackers & dressing

Chicken Izzabella: \$4.79 per person

Grilled Chicken, mixed lettuce, sprinkled with almonds, sesame seeds, and mandarine oranges.
Bread, garlic butter & dressing

Chicken Chef: \$5.19 per person

Grilled chicken breast, mixed lettuce, mozzarella cheese, tomatoes, cucumbers, sunflower nuts, purple onions. Crackers & dressing

San Francisco Slug: \$5.89 per person

Mandarin Oranges (the oranges are the "slugs") cucumber, mixed lettuce, tomato, almonds, goat cheese, with Balsamic Honey dressing & crackers

Fruit Salad: \$4.79 per person

Fresh fruit and melon mix with IZZY'S yogurt poppy seed dressing. Crackers included.

Seasonal Spinach Salad: ask for details \$6.39 per person

DESSERTS: 8 or 16 Slices

Lemon Ice Box Pie (IZZY'S Famous) \$35

***Bread Pudding (24 hour notice) \$35**

***Raspberry Cream Pie (24 hour notice) \$35**

**8 Slices Only*

Cookies:

Assortement of Chocolate Chip, Sugar, Oatmeal Raisin

2.25 each

SET UPS: \$1.75 per person

Forks, spoons, knives, plates, napkins, cups

ICE CHEST/ THERMAL TOTE: \$10

DELIVERY:

****Delivery ONLY AVAILABLE 10am-4pm Mon-Fri**

24 hour notice PLEASE

PLEASE CALL FOR PRICING 501-868-4311



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For Best Service, Please call at least 24 hours in advance.

Trying to figure out what to order can be difficult, especially if you are not familiar with our menu. We have put together a few of our most popular catering suggestions to make things a bit easier. We have a formula that we use to insure that enough food is provided for all of your people, but not too much. Healthy, easy and convenient.

Combination Suggestions

All amounts will be tailored to fit your needs.

Hot Tamales and House Salad

Our most popular

Beef Tamales
Veggie Tamales
Salsa
Cheese Dip
Chili
Corn Chips
House Salad
Salad Dressings & Crackers
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Hot Tamales and Chicken Izzabella Salad

A step up

Beef Tamales
Veggie Tamales
Salsa
Cheese Dip
Chili
Corn Chips
Chicken Izzabella Salad
Salad Dressings, Bread & Garlic Butter
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Hot Tamales and Sandwich Platter

when you have a hungry bunch

Beef Tamales
Veggie Tamales
Salsa
Cheese Dip
Chili
Corn Chips
Tray Mix of our Cold Sandwiches
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Spaghetti and House Salad

on a budget

Our Famous Spaghetti w/ Meat Sauce
House Salad w/ Dressings
Bread & Garlic Butter
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Extras:

Lemon Ice Box Pie, Raspberry Cream Pie & Bread Pudding

1 pie = 8 or 16 people

Fresh Baked Cookies (Chocolate Chip, Oatmeal, Sugar)

www.izzyslittlerock.com