



IZZY'S *Healthy* Catering

5601 Ranch Dr.
Little Rock, Arkansas 72223
501-868-4311



GF = Gluten Free

VG = Vegan

HOT TAMALES: **GF**

BEEF or **VEGGIE VG** **\$3.70 each**

Hand rolled in corn shucks
HOT in an insulated container

EXTRAS:

GF Salsa: **\$7.00 pint** **\$56 gallon**

GF Cheese Dip **\$11.00 pint** **\$88 gallon**

GF Chili **\$8.00 pint** **\$63 gallon**

GF Guacamole **\$12.00 (12 oz.)**

GF Chips: Corn or Potato (lrg bag) **\$3.99**

SOUP: **\$7.60 pint** **\$60 gallon**

Tomato Basil **GF**

Potato Soup **GF**

Mexican Vegetable **VG**

Chicken Tortilla Soup - *GALLON ONLY* **\$92**

**Tortilla Soup comes with avocado, sour cream, cheese and tortillas*

SANDWICHES: *Gluten Free Bread Available upon request*

Nutty Bird: (*famous for 25 years*) **\$9.75**

Sliced Turkey breast, cream cheese,
sunflower nuts, leaf lettuce, tomato,
Miracle Whip, on natural grain.

Old Fashioned Chicken Salad: **\$9.75**

Fresh made chicken salad, leaf lettuce,
tomato, on natural grain

Corned Beef: **\$10.75**

Sliced corn beef, leaf lettuce, Dijon Honey
Mustard, on rye.

PASTA: (*bread & garlic butter included*)

Italian Sausage Lasagna OR Roasted Veggie Lasanga

24 hour notice REQUIRED

Serves 8-10 \$79

Spaghetti Meat Sauce \$9.95 or Marinara \$8.95 VG

Layered over steaming linguini

ICED TEA (Unsweet or Sweet) or LEMONADE:

Includes ice, cups, lemons & sweeteners

1 Gallon serves 10 people \$9.00

SALADS:

IZZY'S House: **\$3.67 per person**

Fresh mixed lettuce, tomato, purple onions,
green peppers, mozzarella cheese.

Crackers & dressing

Chicken Izzabella: **\$4.45 per person**

Grilled Chicken, mixed lettuce, sprinkled with
almonds, sesame seeds, and mandarine oranges.

Bread, garlic butter & dressing

Chicken Chef: **\$4.75 per person**

Grilled chicken breast, mixed lettuce, mozzarella
cheese, tomatoes, cucumbers, sunflower nuts, purple
onions. Crackers & dressing

San Francisco Slug: **\$4.65 per person**

Mandarin Oranges (the oranges are the "slugs")
cucumber, mixed lettuce, tomato, almonds, goat
cheese, with Balsamic Honey dressing & crackers

Fruit Salad: **\$4.25 per person**

Fresh fruit and melon mix with IZZY'S yogurt
poppy seed dressing. Crackers included.

Seasonal Spinach Salad: ask for details **\$4.90 per person**

Many of our dressing are Gluten Free & Vegan

DESSERTS: 8 or 16 Slices

Lemon Ice Box Pie (IZZY'S Famous) **\$30**

***Bread Pudding (24 hour notice)** **\$30**

***Raspberry Cream Pie (24 hour notice)** **\$32**

**8 Slices Only*

Cookies:

Assortement of Chocolate Chip, Sugar, Oatmeal Raisin

1.00 each

SET UPS:

Forks, spoons, knives, plates, napkins **\$1 per person**

ICE CHEST: \$8

DELIVERY:

****Delivery ONLY AVAILABLE 10am-4pm Mon-Fri**

24 hour notice PLEASE

\$45-\$55 for Little Rock & North Little Rock

Please call for other areas



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For Best Service, Please call at least 24 hours in advance.

Trying to figure out what to order can be difficult, especially if you are not familiar with our menu. We have put together a few of our most popular catering suggestions to make things a bit easier. We have a formula that we use to insure that enough food is provided for all of your people, but not too much. Healthy, easy and convenient.

Combination Suggestions

All amounts will be tailored to fit your needs.

Hot Tamales and House Salad

Our most popular

Beef Tamales
Veggie Tamales
Salsa
Cheese Dip
Chili
Corn Chips
House Salad
Salad Dressings & Crackers
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Hot Tamales and Chicken Izzabella Salad

A step up

Beef Tamales
Veggie Tamales
Salsa
Cheese Dip
Chili
Corn Chips
Chicken Izzabella Salad
Salad Dressings, Bread & Garlic Butter
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Hot Tamales and Sandwich Platter

when you have a hungry bunch

Beef Tamales
Veggie Tamales
Salsa
Cheese Dip
Chili
Corn Chips
Tray Mix of our Cold Sandwiches
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Spaghetti and House Salad

on a budget

Our Famous Spaghetti w/ Meat Sauce
House Salad w/ Dressings
Bread & Garlic Butter
Setups (Plates, forks, napkins)
Tea and or Lemonade, Ice

Extras:

Lemon Ice Box Pie, Chocolate Fudge Nut Pie, Raspberry Cream Pie & Bread Pudding

1 pie = 8 or 16 people

Fresh Baked Cookies (Chocolate Chip, Oatmeal, Sugar)

www.izzyslittlerock.com